

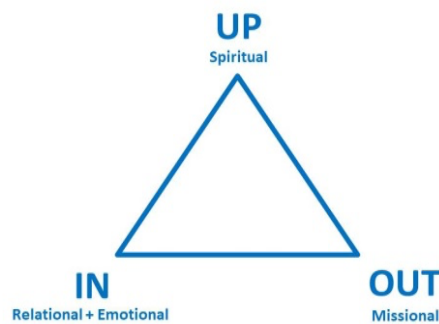
Huddle Groups

Summary

A Huddle is a small discipleship group of people who are learning to follow Jesus, listen to the Spirit, and live out God's mission in their everyday lives. They are spaces of support, authenticity, and challenge. Huddlers reflect on Bible passages and journal on their own quiet times during the week using a specially designed Huddle journal. They get together once a week to share how God has been speaking to them and how they are trying to live this out. Each Huddle follows the LAMP model: How are you **LISTENING**? How can we keep you **ACCOUNTABLE**? How are you living **MISSIONALLY**? How can we be in **PRAYER** for you?

Goal

The big goal of a Huddle is to help people connect deeply with God, connect deeply with others, and to live out God's mission to get the world connected to him.



Strategy

The way we try to live out this goal is by helping people develop a regular rhythm of reaching up, in, and out. We invite huddlers to live daily rhythms of UP and OUT and a weekly rhythm of IN in a huddle group. Here's a closer look at how this happens:

Up

- There are lots of ways to reach up to God, but the primary means for Huddle is meditation. Meditation involves:
 - quieting ourselves in God's presence
 - slowing down our minds and our souls
 - opening ourselves up to receive whatever God wants to say
 - reflective reading of a bible passage
 - listening to God's voice
- We believe that when people meditate on God this way, it will result in connection, direction, and transformation.
- Meditation is a spiritual discipline, and it will take time to develop this skill, so don't be discouraged if huge revelations don't happen right away. The more you work on your meditation skills, the better you will be at it.

In

- Reaching in is about developing deep, authentic, caring, and safe relationships with others. A Huddle can be a really great place to foster these types of relationships. For this to happen, we will need to follow the Up-In-Out rhythms, the Huddle covenant, and the LAMP process (explained below).

Out

- Reaching out is really about paying attention and responding to how the Spirit is working all around you. God is on a mission to connect the world to himself. 2 Corinthians 5 describes it as a mission of reconciliation, making things right between God and his creation. Our job is to discern how God is working and to help him. We can start to do this by doing these four things:
 - **Praying** – talking and listening
 - **Meditating** – listening through Scripture
 - **Having our missional radar on** – being ready and attentive to what is going on around us
 - **Responding** – acting when the Spirit prompts

Huddle Session

So, what actually happens in a Huddle? We have designed a simple process using the acronym LAMP:

Listening – How have you been listening to God? What has he been saying?

Accountability – What do you want us to keep you accountable with? How do you want us to do that?

Mission – How have you been living missionally? How is God working around you? Who are you investing in?

Prayer – How can we pray for you right now and during the week?

Every part of the LAMP process is essential to a Huddle group.

Preparation

Reflection Journal

- Each week spend 5-7 days in personal, meditative Bible study time.
- Choose quality over quantity. Don't just read the words or fly through the reading but ask God to speak deeply to you. Spend time meditating on the words and phrases.
- Use the reflection template to help you focus on what God is trying to teach you, and what steps you will take to implement this teaching in your life.
- To help prepare for your weekly Huddle you can use the weekly summary sheets in the back of the journal.

Missional Living

- Each week, be conscious of how God has placed you in various circles of influence for the purpose of being a light for him. Look for ways to show his love, to point people to Christ, and to bless others. Ask yourself questions like:
 - What is God doing in this situation?
 - How can I help people get connected to God?
 - How can I bring God's peace?
 - How can I bring God's Kingdom?

Group Covenant

In order to create healthy and safe groups, we ask each member to commit to living out these qualities:

- **Love** – We will strive to love each other as God loves us.
- **Truth** – We will seek truth, trusting Jesus' words that the truth will set us free.
- **Challenge** – We will offer loving words of challenge to help stimulate growth.
- **Trust** – We will be open and vulnerable with our group, allowing God to take us to deep places.
- **Confidentiality** – We will be a safe place, guarding what is shared in the group.
- **Reliability** - We will honour our group by being prepared and being consistent in attendance.
- **Non-judgment** – We will always show grace.
- **Respect** – We will not interrupt someone who is sharing and we will not try to fix others.



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